



# Quality health care when and where you need it

Teladoc® gives you access to a national network of U.S. board-certified doctors by phone or video who are available anywhere, 24/7/365 to treat many of your medical issues.

## YOU CAN USE TELADOC

It is a convenient and affordable option for quality care.

- **When you need care now**
- **If you're considering the ER or urgent care center for a non-emergency issue**
- **On vacation, on a business trip, or away from home**
- **For short-term prescription refills**

Teladoc services are provided to you free by Friday Health Plans

## GET THE CARE YOU NEED

Teladoc doctors can treat many medical conditions, including:

- **Cold & flu symptoms**
- **Allergies**
- **Sinus problems**
- **Sore throat**
- **Respiratory infection**
- **Skin problems**
- **And more!**

# Talk to a doctor anytime for free!

 [teladoc.com/fridayhealthplans](https://teladoc.com/fridayhealthplans)

 1-800-TELADOC (835-2362)

